

## All Our Rights In Law Sample Session Plan

This is an example session plan for hosting a conversation about #AllOurRightsInLaw. You know your community best, so this is just a guide, but important things to bear in mind:

- The experience is as important as the content.
- Accessibility: language, literacy, support needed, adapt the questions to work for your audience.
- Set out some ways of working, let your group know it has all the wisdom and knowledge it needs to come to a view, that you'll do this together, that everyone gets to be heard, but have to listen too.
- Time - don't rush a good blether!
- Relate this content back to people's experiences - people are rarely interested in finding out about rights. They are interested in what can support their lives to improve.
- Contact [allourrightsinalaw@gmail.com](mailto:allourrightsinalaw@gmail.com) if you require support in running a conversation

Timings	Activity
00:00 – 00:10	<b>Welcome and Introductions</b> <ul style="list-style-type: none"><li>• Welcome to the conversation</li><li>• How to use Zoom</li><li>• Introductions: facilitators / interpreters and participants</li></ul> <b>Purpose of the session</b> <ul style="list-style-type: none"><li>• To give our views about a new human rights law for Scotland</li></ul>
00:10 – 00:15	<b>Human Rights</b> <ul style="list-style-type: none"><li>• A poll to ask people their level of knowledge of human rights. Suggested options:<ul style="list-style-type: none"><li>○ I don't know much about human rights</li><li>○ I know a bit about human rights</li></ul></li></ul>

	<ul style="list-style-type: none"> <li>o I know a lot about human rights</li> </ul> <p>Ask people to write in the chat function or speak in the group what words they associate with human rights in Scotland.</p>
00:15 – 00:30	<p><b>Introduction to #AllOurRightsInLaw</b></p> <ul style="list-style-type: none"> <li>● Introduction about #AllOurRightsInLaw</li> <li>● Show #AllOurRightsInLaw animation. (This includes captioning and lasts 2 mins 19 sec). This gives a short introduction to: <ul style="list-style-type: none"> <li>o Economic, Social and Cultural Rights (housing, health, social security, food, a healthy environment, cultural life)</li> <li>o Other rights that would be incorporated for particular groups (The new law could also include specific rights, for disabled people, women, black and minority ethnic people, older people and LGBTI people).</li> </ul> </li> </ul> <p><b>Check in questions</b></p> <ul style="list-style-type: none"> <li>o What do you remember about what you heard?</li> <li>o Anything surprising?</li> <li>o What does this mean for us?</li> <li>o What should we do / decide about this?</li> </ul>
00:30 - 1:30	<p><b>The Big Questions</b></p> <p>Work through <u>all</u> or <u>some</u> of the questions (you don't have to answer them all if you think they are not all relevant for your group).</p> <p>You can have a conversation as one group or in smaller groups / breakout rooms.</p> <p>You might want to allocate a couple of questions at a time and remember to take a break when people need it.</p> <p>You may wish to run this over a couple of sessions depending on your audience</p>

	<p>1. What difference do you think it would make to have these rights written into Scotland's laws? Your answer can be about one of the rights, some of them, or all of them.</p> <p>2. Are there any people or communities whose rights seem particularly at risk?</p> <p>3. What does government need to do to make sure this new human rights law makes a real difference to people's lives?</p> <p>4. Everyone will be able to use this new law to claim their human rights. What kind of practical information, support or resources do you think people in your community will need to do this?</p> <p>5. What is your final message to the National Taskforce and the Scottish Government?</p>
1:30 – 1:45	<p><b>Thanks and next steps</b>          Thanks to everyone for giving their views, thank facilitators / interpreters and agree what happens next with your response.</p> <p>Responses to be sent to:  <a href="mailto:allourrightsinalaw@gmail.com">allourrightsinalaw@gmail.com</a></p> <p>You can send in a zoom recording of your conversation, film or audio files, complete a surveymonkey questionnaire or use the interactive PDF.</p> <p>Please send in your response by end January 2021, although we would prefer responses by end December 2020.</p>